

**SỞ GIÁO DỤC VÀ ĐÀO TẠO TP HCM**  
**TRƯỜNG THPT HÙNG VƯƠNG**

**BỘ MÔN: TIẾNG ANH - KHỐI LỚP: 11**

**TUẦN: 11/HK1 (từ 15/11/2021 đến 21/11/2021)**

**PHIẾU HƯỚNG DẪN HỌC SINH TỰ HỌC**

**I. Nhiệm vụ tự học, nguồn tài liệu cần tham khảo:**

**SGK: ENGLISH 11**

**II. Kiến thức cần ghi nhớ:**

**UNIT 6- Reading: COMPETITIONS**

**Vocabulary:**

1. announce (v) [ə'nauns]: công bố
2. annual (a) ['ænjuəl]: hàng năm
3. apologize ...for (v) [ə'pɒlədʒaɪz]: xin lỗi
4. compete (v) [kəm'pi:t]: thi đấu  
+ competition (n) [ˌkɒmpɪ'tiʃn]: cuộc thi đấu
5. congratulate ... on (v) [kən'grætʃuleɪt]: chúc mừng
6. judge (n) ['dʒʌdʒ]: giám khảo
7. observe (v) [ə'bzə:v]: quan sát
8. participant (n) [pɑ:'tɪsɪpənt]: người tham gia
9. prevent ... from (v) [pri'vent]: ngăn ngừa, cản
10. recite (v) [ri'saɪt]: ngâm, đọc (thơ)
11. representative (n) [ˌreprɪ'zentətɪv]: đại diện
12. score (v) [skɔ:]: tính điểm
13. sponsor (v) ['spɒnsə]: tài trợ
14. stimulate (v) ['stimjuleɪt]: khuyến khích
15. spirit (n) ['spɪrɪt]: tinh thần, khí thế

**Reading:**

Last Saturday the representatives of three classes of my school took part in the annual final English Competition organized by our English teachers. Its aim was to stimulate the spirit of learning English among students. The competition was sponsored by the Students' Parents Society. Mrs. Lien, our English teacher, explained the competition's rules to the students.

"...To participate in the contest, you have to work in groups of three. Each group must complete five activities in all. On completion of each activity, you will have to answer the questions on the worksheets within two minutes. The judges will observe and score your performance. The maximum score for each activity is 15 points. At the end of the competition, the judges will announce the total score of each group. The group that gets the highest score will be the winner. The winner will be awarded a set of CDs for studying English and an Oxford Advanced Learner's Dictionary. Now, let's start our competition."

Hung, Thu and Nga were the members of Group A. They quickly read the questions and tried to find out the answers. At first, things went smoothly. They almost completed the five activities. But in Activity 5, Hung had difficulty reciting the poem. He could not remember the last sentence. Time was up, and the judges announced the results. The winner was Group B, which got 70 points; Hung's group got 65; and Group C got 60. Thu felt a bit disappointed. Hung apologised for not being able to complete the poem. But Nga made it better by saying "For me the most important thing was our participation in the competition and the enjoyment we had from it".

**Task 1.** Match the words or phrases on the left with their definitions on the right.

1. d            2. f            3. e            4. c            5. b            6. a

**Task 2.** Answer the questions.

1. Who took part in the annual final English Competition last Saturday?

=> The representatives of three classes of the (writer's) school took part in the annual final English Competition last Saturday.

2. What was the aim of the competition?  
=> Its aim was to stimulate the spirit of learning English among students.
3. Who sponsored the competition?  
=> The Students' parents Society sponsored the competition.
4. What did each group of students have to do during the contest?  
=> They had to complete five activities in all. On completion of each activity, they had to answer the questions in the worksheets within two minutes.
5. What did the judges have to do to choose the winner of the competition?  
=> They had to observe and score the students performance. The maximum score for each activity was 15. At the end of competition they would announce the total score of each group. The group that got the highest score would be winner.
6. What would be awarded to the winner?  
=> The winner would be awarded a set of CDs for studying English and an Oxford Advanced Learner's Dictionary.

**Task 3.** Read paragraph 3 again and complete the sentences.

1. In Activity 5, Hung was unable to recite complete the poem (he could not remember the last sentence).
2. Having achieved the highest score, Group B became the winner of the competition.
3. Group C lost the game because they just got 60 points.
4. Nga encouraged her group by saying "For me the most important thing was our participation in the competition and the enjoyment we had from it".

### III. Bài tập:

**Fill in each blank space with one appropriate word from the box**

well-known , associated , involve, professional, extra,  
whole, beats, popular, enthusiast, end, support, against

For many young people, sport is a (1) \_\_\_\_\_ part of school life and being in one of the school teams and playing in matches is very important. If someone is in a team, it means a lot of (2) \_\_\_\_\_ training and often spending a Saturday or Sunday away from home since many matches are played then. It might also (3) \_\_\_\_\_ traveling to other towns to play (4) \_\_\_\_\_ other school teams and then staying on after the match for a meal or a drink. Sometimes, parents, friends or other students will travel with the team to (5) \_\_\_\_\_ their own side. When a school team (6) \_\_\_\_\_ another one, it is the (7) \_\_\_\_\_ school that feels proud, not only the players. It can also mean that a school becomes (8) \_\_\_\_\_ for being good at certain sports and students from that school may (9) \_\_\_\_\_ up playing for national and international teams so that the school has some really famous names (10) \_\_\_\_\_ with it.

**Choose the correct word or -A, B, C or D - that best completes the passage.**

#### THE QUIZ SHOW

My best friend Jenny ... (1) ... on a TV quiz show a few nights ago. It was very exciting. We all knew that she ... (2) ... be on, so all our friends met at her parents' house to watch it. Her parents videoed it too, of course. The programme started at half past seven. We screamed and clapped when we saw Jenny. She looked great. She had had her hair done, and was wearing the new top she had bought the day before. She sat in the chair in the middle of the studio while the ... (3) ... asked her some questions. The questions got harder and harder as they increased in ... (4) ... . If she didn't make any mistakes and get the most difficult question right, she would win a million pounds. By this time, jerry had won a thousand pounds. That was definitely hers, whatever happened. She answered the next question correctly, which was worth five thousand pounds. I didn't know the answer, but she did know! Then with the next question, she ... (5) ... a risk but got the answer wrong. She was gone ....( 6)... the game. Still, she had her thousand pounds, and we were very proud of her.

- |                 |           |              |                 |
|-----------------|-----------|--------------|-----------------|
| 1. A. appeared  | B. turned | C. presented | D. participated |
| 2. A. might     | B. should | C. would     | D. could        |
| 3. A. presenter | B. leader | C. producer  | D. director     |
| 4. A. value     | B. cost   | C. award     | D. difficulty   |
| 5. A. got       | B. took   | C. made      | D. had          |
| 6. A. out of    | B. over   | C. through   | D. up           |

**Read the passage carefully, then choose the correct answers.**

Completing a marathon is considered very difficult, but many coaches believe that it is possible for anyone who is willing to put in the time and effort. Obviously, most participants do not run a marathon to win. More important for most runners is their personal finish time and their placement within their specific age group and gender. Another very important goal is to break certain time barriers. For example, ambitious recreational first-timers often try to run the marathon under 4 hours; more competitive runners will attempt to run under 3 hours. Many runners then prefer to finish for example in 3:29:59, which makes them “sub-3:30h marathoners”, instead of 3:30:01.

For most runners, the marathon is the longest run they have ever attempted. Many coaches believe that the most important element in marathon training is the long run. Recreational runners commonly try to reach a maximum of about 20 Emiles in their longest weekly run and about 40 miles a week in total when training for the marathon. More experienced marathoners may run a longer distance. During marathon training, adequate recovery time is crucial. If fatigue or pain is felt, it is recommended to take a break for a couple of days or more to let the body heal. Overtraining is a condition that results from not getting enough rest to allow the body to recover from difficult training. It can actually result in a lower endurance and speed and place a runner at a greater risk of injury.

1. A marathon completion is \_\_\_\_\_.  
A. impossible                      B. easy                      C. not very difficult                      D. very difficult
2. One of an important goals in a marathon competition is \_\_\_\_\_.  
A. breaking time barriers      B. age                      C. gender                      D. reaching the finish
3. In marathon training, the most important is \_\_\_\_\_.  
A. the age                      B. the coaches' belief      C. the long run                      D. the recreation
4. If a marathon runner feels tired or have a pain, \_\_\_\_\_.  
A. he should continue the training                      B. he should quit running forever  
C. it is time for him to stop his training                      D. he should take a break for several days
5. Overtraining may lead to \_\_\_\_\_.  
A. good results                      B. long endurance                      C. injury                      D. recovery

#### IV. ĐÁP ÁN BÀI TẬP TỰ LUYỆN:

Fill in each blank space with one appropriate word from the box.

well-known , associated , involve, professional, extra,  
whole, beats, popular, enthusiast, end, support, against

For many young people, sport is a (1) **popular** part of school life and being in one of the school teams and playing in matches is very important. If someone is in a team, it means a lot of (2) **extra** training and often spending a Saturday or Sunday away from home since many matches are played then. It might also (3) **involve** traveling to other towns to play (4) **against** other school teams and then staying on after the match for a meal or a drink. Sometimes, parents, friends or other students will travel with the team to (5) **support** their own side. When a school team (6) **beats** another one, it is the (7) **whole** school that feels proud, not only the players. It can also mean that a school becomes (8) **well-known** for being good at certain sports and students from that school may (9) **end** up playing for national and international teams so that the school has some really famous names (10) **associated** with it.

Choose the correct word or -A, B, C or D - that best completes the passage.

#### THE QUIZ SHOW

My best friend Jenny ... (1) ... on a TV quiz show a few nights ago. It was very exciting. We all knew that she ... (2) ... be on, so all our friends met at her parents' house to watch it. Her parents videoed it too, of course. The programme started at half past seven. We screamed and clapped when we saw Jenny. She looked great. She had had her hair done, and was wearing the new top she had bought the day before. She sat in the chair in the middle of the studio while the ... (3) ... asked her some questions. The questions got harder and harder as they increased in ... (4) ... . If she didn't make any mistakes and get the most difficult question right, she would win a million pounds. By this time, jerry had won a thousand pounds. That was definitely hers, whatever happened. She answered the next question correctly, which was worth five thousand pounds. I didn't know the answer, but she did know! Then with the next question, she ... (5) ... a

risk but got the answer wrong. She was gone ....( 6)... the game. Still, she had her thousand pounds, and we were very proud of her.

- |                        |                |                 |                 |
|------------------------|----------------|-----------------|-----------------|
| 1. <b>A. appeared</b>  | B. turned      | C. presented    | D. participated |
| 2. A. might            | B. should      | <b>C. would</b> | D. could        |
| 3. <b>A. presenter</b> | B. leader      | C. producer     | D. director     |
| 4. <b>A. value</b>     | B. cost        | C. award        | D. difficulty   |
| 5. A. got              | <b>B. took</b> | C. made         | D. had          |
| 6. <b>A. out of</b>    | B. over        | C. through      | D. up           |

**Read the passage carefully, then choose the correct answers.**

Completing a marathon is considered very difficult, but many coaches believe that it is possible for anyone who is willing to put in the time and effort. Obviously, most participants do not run a marathon to win. More important for most runners is their personal finish time and their placement within their specific age group and gender. Another very important goal is to break certain time barriers. For example, ambitious recreational first-timers often try to run the marathon under 4 hours; more ompetitive runners will attempt to run under 3 hours. Many runners then prefer to finish for example in 3:29:59, which makes them “sub-3:30h marathoners”, instead of 3:30:01.

For most runners, the marathon is the longest run they have ever attempted. Many coaches believe that the most important element in marathon training is the long run. Recreational runners commonly try to reach a maximum of about 20 Emiles in their longest weekly run and about 40 miles a week in total when training for the marathon. More experienced marathoners may run a longer distance. During marathon training, adequate recovery time is crucial. If fatigue or pain is felt, it is recommended to take a break for a couple of days or more to let the body heal. Overtraining is a condition that results from not getting enough rest to allow the body to recover from difficult training. It can actually result in a lower endurance and speed and place a runner at a greater risk of injury.

1. A marathon completion is \_\_\_\_\_.  
A. impossible                      B. easy                              C. not very difficult              **D. very difficult**
2. One of an important goals in a marathon competition is \_\_\_\_\_.  
**A. breaking time barriers**      B. age                              C. gender                              D. reaching the finish
3. In marathon training, the most important is \_\_\_\_\_.  
B. the age                              B. the coaches' belief      **C. the long run**                      D. the recreation
5. If a marathon runner feels tired or have a pain, \_\_\_\_\_.  
B. he should continue the training                      B. he should quit running forever  
C. it is time for him to stop his training                      **D. he should take a break for several days**
5. Overtraining may lead to \_\_\_\_\_.  
A. good results                      B. long endurance                      **C. injury**                              D. recovery

-----  
*Nếu có thắc mắc HS liên hệ GVBM để được hỗ trợ.*